



ROCKLAND GRUB TAKE HOME TRAYS MENU



A Taste of Pure Asian Fusion

WHEN BUSY PARENTS DON'T FEEL LIKE COOKING AT HOME

This is the answer: family-style Rockland Grub favorites made fresh, packed in half trays, and ready to bring home. Perfect for weeknight dinners, busy school nights, small gatherings, kids' activities, office meals, or days when cooking is the last thing on the list.

**Half tray portions. Entrée trays
serve approximately 4-6 people.**



SYMBOL GUIDE



[V] Vegetarian



[Egg] Contains egg



[GF] Gluten-Free



[Coconut] Contains coconut



[Nuts] Contains peanuts or tree nuts



[Spicy] Spicy or hot

☎ 845-535-3580

Menu Design by [AliNQuality](#)



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APPETIZER TRAYS

DUMPLINGS, 30 PIECES

Available fried or steamed.

Chicken Dumplings ————— **\$45**

Chicken dumplings served fried or steamed.

Shrimp Dumplings ————— **\$48**

Shrimp dumplings served fried or steamed.

Vegetable Dumplings ————— **\$44**

Vegetarian dumplings served fried or steamed



SPRING ROLLS, 30 PIECES

Crispy fried spring rolls, perfect for sharing.

Vegetable Spring Rolls ————— **\$45**

Crispy vegetable spring rolls filled with vegetables and noodles.



Shrimp Spring Rolls ————— **\$48**

Crispy shrimp spring rolls served as a shareable appetizer tray.

WINGS

Regular Bone-In Wings, ————— **\$48**
30 Pieces

Classic bone-in wings served tray-style.

Boneless Wings, ————— **\$45**
60 Pieces

Boneless chicken bites served tray-style.

Cauliflower Wings ————— **\$40**

Crispy cauliflower bites served as a vegetarian wing-style tray.



EMPANADAS, 12 PIECES

Cheese Steak Empanadas ————— **\$42**

Empanadas filled with sliced beef, onions, peppers, and cheese.

Buffalo Chicken Empanadas — **\$40**

Empanadas filled with pulled chicken and provolone tossed in buffalo sauce.

Curried Chicken Empanadas — **\$40**

Empanadas filled with curried chicken and potatoes.

LETTUCE WRAPS, 12 PIECES

Crisp lettuce leaves served with your selected filling and house toppings.

Smack Chicken ————— **\$35**

Panko-fried chicken with smack sauce, sesame seeds, and scallions.

Smack Shrimp ————— **\$38**

Panko-fried shrimp with smack sauce, sesame seeds, and scallions.

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LETTUCE WRAPS, 12 PIECES (CONT...)

Chicken Satay ————— \$38

Pan-grilled chicken in peanut sauce with crushed peanuts, fried shallots, and cilantro.



Tofu Satay ————— \$35

Fried tofu with peanut sauce, crushed peanuts, fried shallots, and cilantro.



Spicy Thai Tofu ————— \$33

Fried tofu tossed in house spicy Thai sauce with peanuts and cilantro.



Spicy Thai Chicken ————— \$35

Tapioca-fried chicken tossed in house spicy Thai sauce with peanuts and cilantro.



Korean Beef ————— \$42

Bulgogi-marinated beef with carrots, onions, sesame seeds, and scallions.

Portobello Bulgogi ————— \$33

Sautéed portobello mushrooms with carrots, onions, sesame seeds, and scallions.



GRUB BUNS, 12 PIECES

Steamed bao buns filled with your selected protein or vegetable option.

Smack Chicken ————— \$52

Steamed buns with panko-fried chicken, smack sauce, sesame seeds, and scallions.

Smack Shrimp ————— \$54

Steamed buns with panko-fried shrimp, smack sauce, sesame seeds, and scallions.

Chicken Satay ————— \$54

Steamed buns with chicken satay, peanut sauce, fried shallots, and cilantro.



Tofu Satay ————— \$50

Steamed buns with tofu satay, peanut sauce, fried shallots, and cilantro.



Korean Beef ————— \$57

Steamed buns with bulgogi-marinated beef, carrots, onions, sesame seeds, and scallions.

Portobello Bulgogi ————— \$50

Steamed buns with sautéed portobello mushrooms, carrots, onions, sesame seeds, and scallions.



TACOS, 12 PIECES

Asian-Latin taco trays with house toppings.

Korean Beef ————— \$57

Tacos filled with bulgogi beef, pickled vegetables, sesame seeds, scallions, and Korean-style sauce.

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Chipotle Beef ————— \$57

Tacos filled with smoky chipotle beef, pico de gallo, avocado-jalapeño salsa, and cilantro.

Shrimp ————— \$54

Tacos filled with grilled shrimp, pico de gallo, avocado-jalapeño salsa, and cilantro.

Cod ————— \$55

Tacos filled with grilled cod, pico de gallo, avocado-jalapeño salsa, and cilantro.

Chicken ————— \$52

Tacos filled with grilled chicken, pico de gallo, avocado-jalapeño salsa, and cilantro.

Portobello ————— \$50

Tacos filled with grilled portobello mushrooms, pico de gallo, avocado-jalapeño salsa, and cilantro.



SLIDERS, 12 PIECES

Beef Mini Burgers ————— \$50

Mini beef burgers with caramelized onions, sharp cheddar, chipotle BBQ, and garlic-truffle aioli.

Chicken Parm Sliders ————— \$48

Panko-crusted chicken sliders with marinara and provolone cheese.

FINGERS & FRIES

Chicken Fingers ————— \$42 with Fries or Rice

Panko-fried chicken fingers served with your choice of fries or jasmine rice.

ENTRÉE TRAYS

Each tray serves approximately 4–6 people.

DRUNKEN NOODLES

Choose Lo Mein or Rice Noodles. Stir-fried noodles with vegetables and savory house sauce.

Chicken ————— \$56

Beef ————— \$60

Shrimp ————— \$59

Vegetarian ————— \$52

NASI GORENG

Indonesian-style fried rice topped with four fried eggs.

Chicken ————— \$58

Beef ————— \$62

Shrimp ————— \$60

Vegetarian ————— \$55

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TOM YUM FRIED RICE

Chef Waree's dried Tom Yum mix fried rice. A highly recommended house favorite.

Chicken ————— \$60

Beef ————— \$65

Shrimp ————— \$62

Vegetarian —  ————— \$58

RED OR GREEN CURRY

Curry with coconut milk, served with white jasmine rice.

Chicken —  ————— \$60

Beef —  ————— \$65

Shrimp —  ————— \$62

Vegetarian —   ————— \$58

PAD GRAPROW

Thai basil stir-fry topped with four fried eggs.

Chicken —   ————— \$58

Beef —   ————— \$62

Shrimp —   ————— \$60

Vegetarian —   ————— \$55

CASHEW NUTS STIR FRIED

One of Grub's newer favorites: salty, sweet, and tangy. Served with white jasmine rice.

Chicken —  ————— \$60

Beef —  ————— \$65

Shrimp —  ————— \$62

Vegetarian —   ————— \$58

COCONUT GARLIC RICE WITH CHICKEN

Crispy or grilled chicken served with coconut-garlic rice, steamed broccoli, and carrots.

Teriyaki —  ————— \$58

Chipotle —  ————— \$58



Peanut Satay Sauce —   ————— \$60

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COCONUT GARLIC RICE WITH GRAPROW SAUCE

Coconut-garlic rice served with Thai basil sauce.

Chicken		\$58
Beef		\$62
Shrimp		\$60
Vegetarian		\$55

COCONUT GARLIC RICE WITH DRIED RED OR GREEN CURRY

Coconut-garlic rice served with dried red or green curry sauce.

Chicken		\$60
Beef		\$64
Shrimp		\$62
Vegetarian		\$58

VEGETABLE TRAYS

Stir-Fried Mixed Vegetables Tray

Stir-fried mixed vegetables served with white jasmine rice



Bok Choy Bowl with King Oyster Mushrooms \$52

Baby bok choy stir-fried with king oyster mushrooms in garlic sauce.



SALAD TRAYS

Papaya Salad \$38

Raw green papaya shredded and mixed with fish sauce and lime vinaigrette, topped with peanuts



Kani Salad \$35

Imitation crab mixed with smack sauce, iceberg lettuce, cucumber, sesame seeds, scallions, and crispy wontons.

Baby Kale Caesar \$45

Baby kale with house Caesar dressing, croutons, and shaved parmesan.

Arugula, Pear & Goat Cheese \$47

Arugula with pear, goat cheese, and a balanced house dressing.

Ahi Tuna Salad \$55

Ahi tuna salad with house-made ginger dressing.

SIDES & ADD-ONS

Jasmine Rice \$20

Tray of white jasmine rice.

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SIDES & ADD-ONS (CONT...)

Coconut-Garlic Rice ————— **\$25**

Tray of coconut-garlic rice



Steamed Vegetables ————— **\$25**

Tray of steamed vegetables.



Grilled Chicken Tray ————— **\$40**

Add-on tray of grilled chicken.

Crispy Chicken Tray ————— **\$40**

Add-on tray of crispy chicken.

Sauces, 8 oz ————— **\$8.50 each**

Available sauces: Smack, Spicy Thai, Peanut Satay, Chipotle BBQ, Garlic Aioli, Teriyaki, and Thai Basil.

Get your
GRUB
on